Minimally Invasive and Novel Therapeutics (M.I.N.T.) September 13th- 15th 2023

Imaging in Hernias: Can It Change Your Management?

Eham Arora MS, DNB, FACS





Disclosures

- HerniaCAT Surgical Radiology
 Partner
- Johnson & Johnson MedTech India Lead, Professional Education



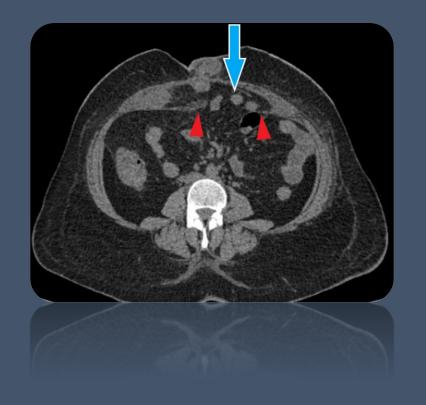


Dark topic!

















The Premise

Clinical exam falls short when the hernias are large and the stakes are high.

You can have A plan by reading a report. But you cannot think of Plan B, C or D.





What are we looking for?

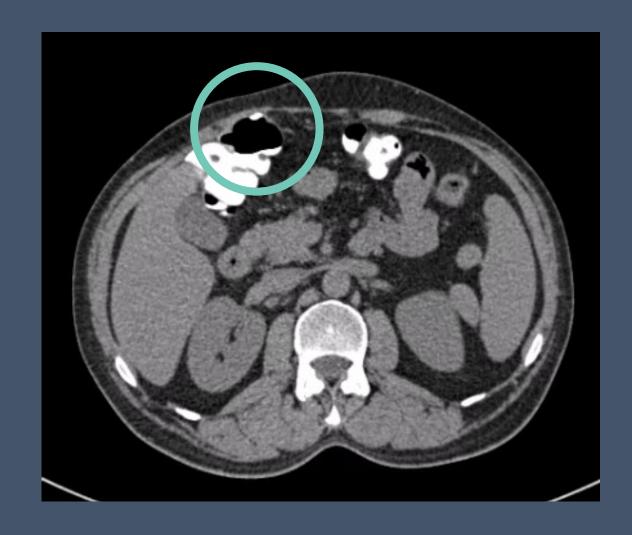
Anything that can <u>alter plans</u> or <u>worsen outcomes</u>

- Adhesions
- Missed defects
- Previous infection
- Tarnished mesh planes
- Missed intra-peritoneal pathologies





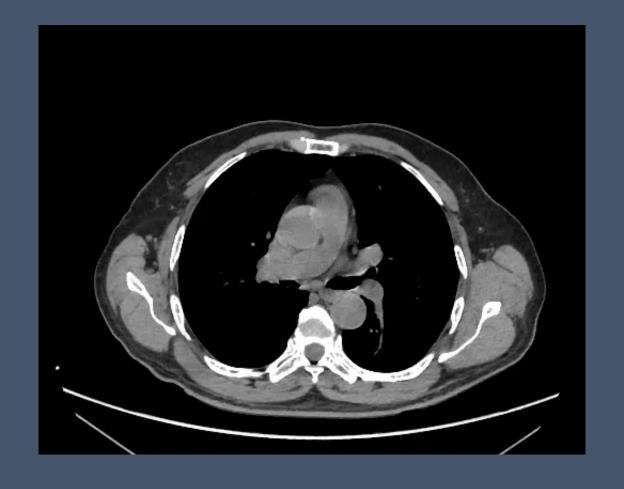




Easy EC fistula







Suspected EC fistula



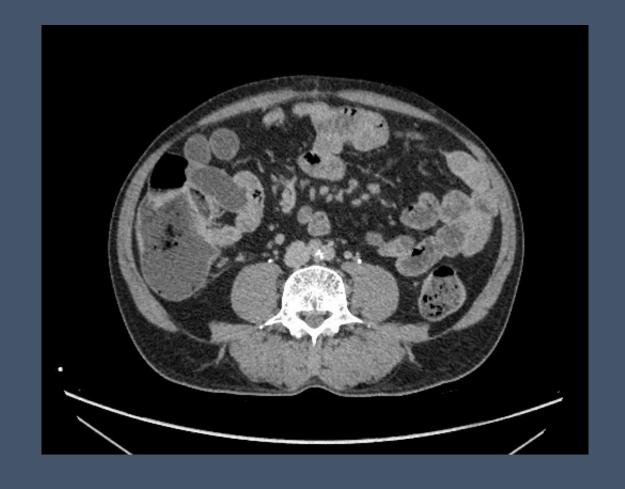




Suspected EC fistula







Suspected EC fistula







Mesh infection: Rule Out Bowel Injury





Confirmed Mesh Infections





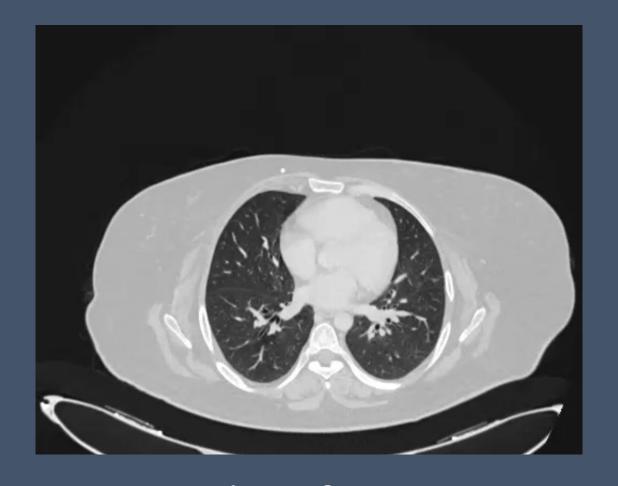


Confirmed Mesh Infections









Mesh infection: Rule Out Bowel Injury



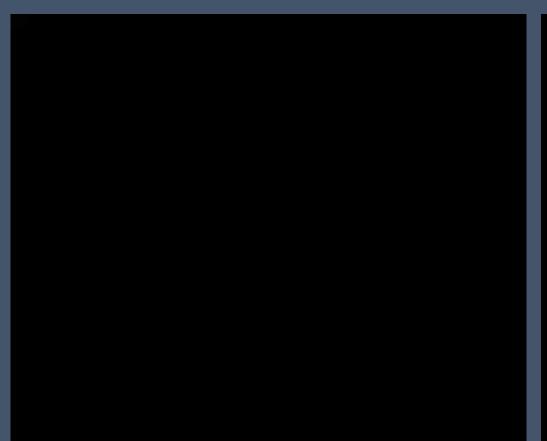
















How high does this hernia go?



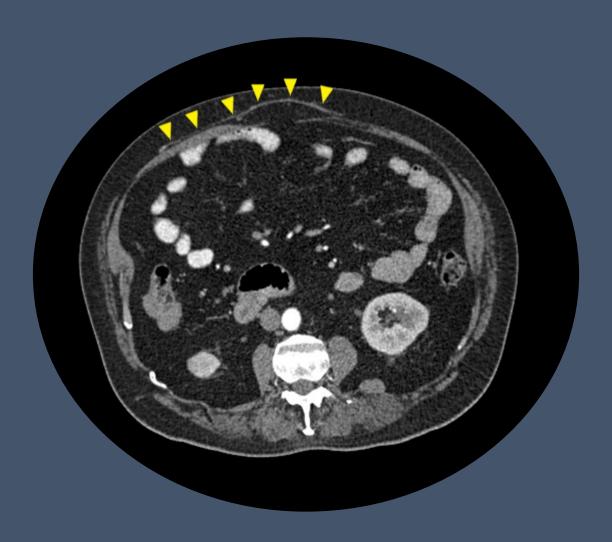
| Visibility of common mesh types on CT imaging | | | |
|---|--|--|--|
| Visible | Expanded PTFE mesh – thick, high density material (>1mm thick) | _ | e.g, Dualmesh, Dualmesh Plus |
| Intermittently visible | Coated, thin PTFE mesh (<1mm thick) | Difficult to regularly identify. Correlation with operative report aides identification of subtle mesh appearance on imaging | e.g., Composix, Ventralex, Intramesh T1, Dulex |
| Indirectly visible | Coated polypropylene, polyester mesh | Isoattenuated – visibility determined by local tissue reaction to mesh coating rather than direct visualization of mesh | e.g.,Parietex composite, Proceed, Sepramesh, Intramesh W3, Dynamesh, TiMesh, BardMesh, Prolene |
| Poorly visible | Lightweight polypropylene mesh | Isoattenuated, low inflammatory response makes identification difficult | e.g., Ultrapro, Bypro, Physiomesh |

Adapted from: Juza RM, Pauli EM. Computed Tomography and Gross Anatomy of the Abdominal Wall (Including Planes for Mesh Hernia Repair). In: The SAGES Manual of Hernia Surgery. Springer International Publishing; 2019:143-156





Meshes are visible next to fat





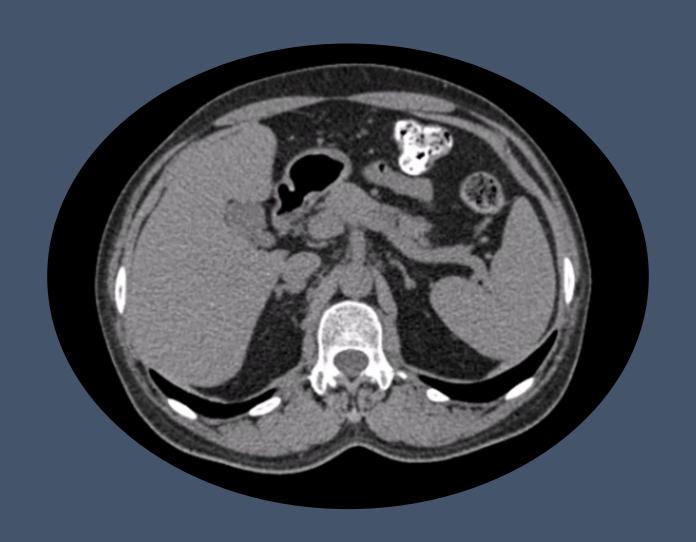


Meshes are visible next to fat



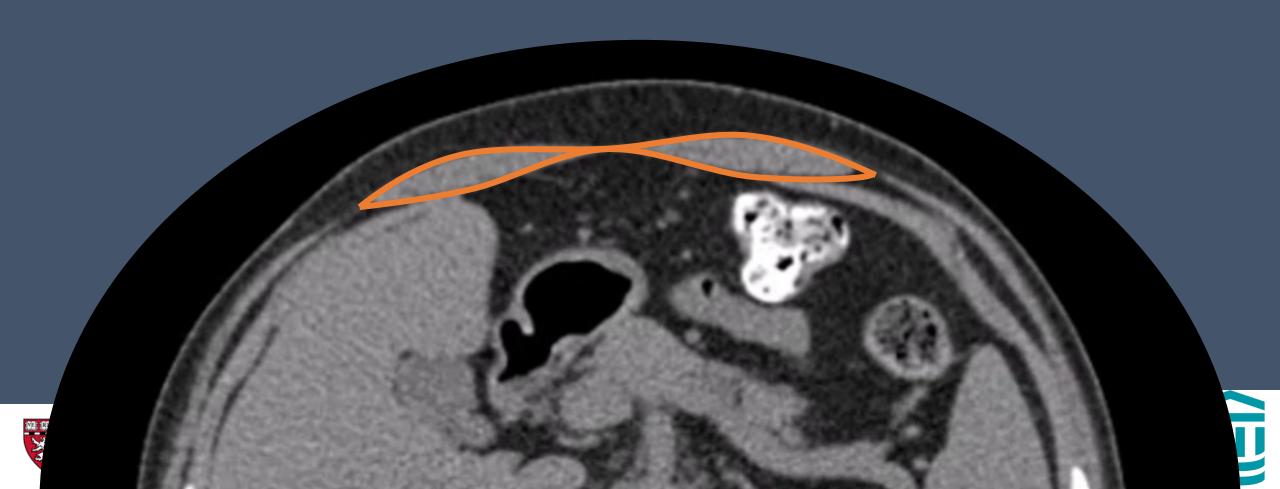








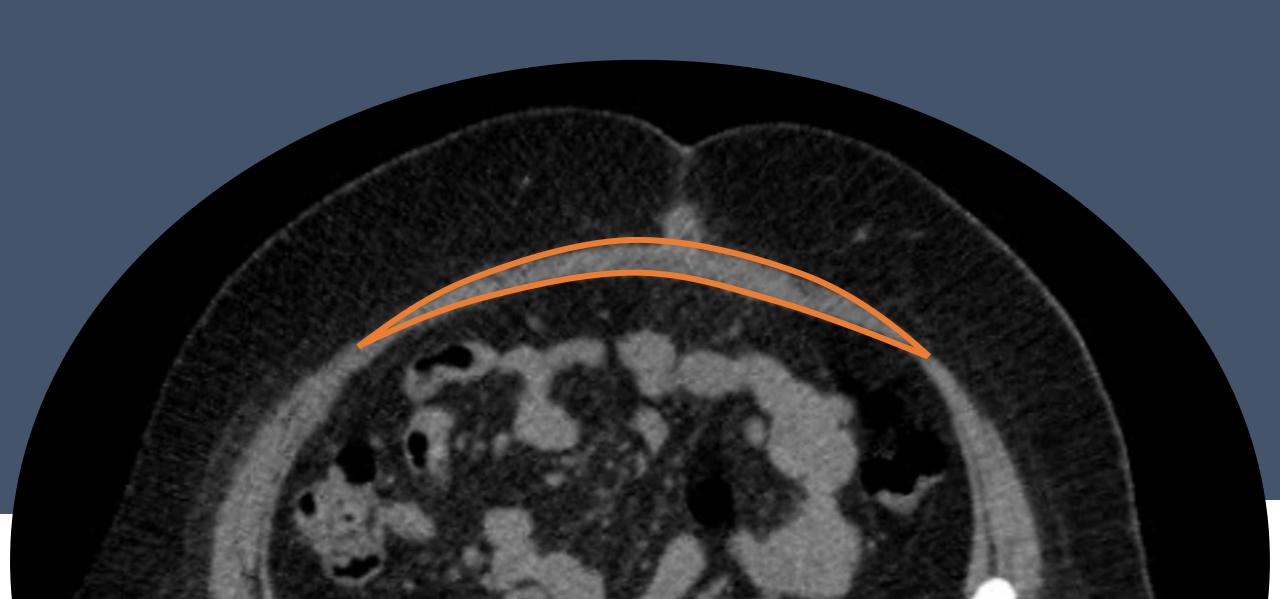






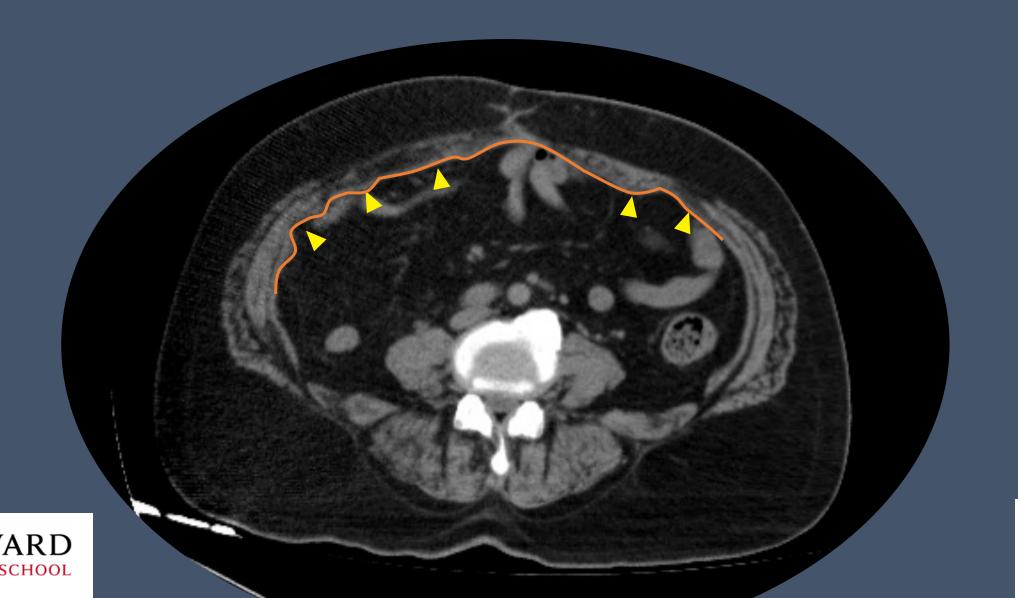






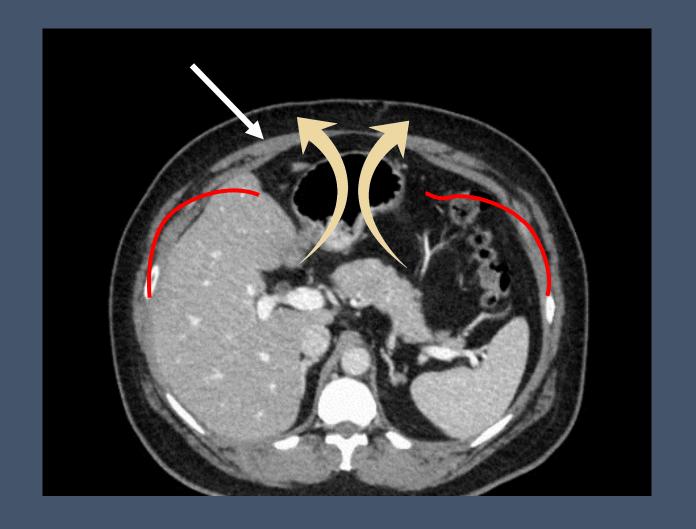








Inter-parietal Hernias







Be Thorough









Thank you



